

GRAY WOLF KYOKUSHIN MARTIAL ARTS

CLASS SCHEDULE 2016-17

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NO CLASSES	3:30 – 5:15 PM AFTER SCHOOL PROGRAM 6:00 – 6:30 PM YOUNG LIONS 6:30 – 7:15 PM KATA CLASS 7:15 - 8:00 PM FIGHTING/ SPARRING/ CLICKER CLASS	3:30 – 5:15 PM AFTER SCHOOL PROGRAM 6:30 PM OPEN CLASS (Sempai Rick)	3:30 – 5:15 PM AFTER SCHOOL PROGRAM 7:15 – 8:00 PM SPECIAL CLASSES AND PROGRAMS Pay attention to email and bulletin board for details.	3:30 – 5:15 PM AFTER SCHOOL PROGRAM 6:00 – 6:30 PM YOUNG LIONS 6:30 – 7:15 PM Requirements Class – All Belts 7:15 – 8:00 PM ADVANCED CLASS & 7:15-7:45 Sparring	3:30 – 5:15 PM AFTER SCHOOL PROGRAM	9:00 AM BLACK BELT CLASS ROCHESTER, NY (2ND KYU AND HIGHER)

DOJO IS CLOSED WHEN HOLLEY SCHOOLS ARE CLOSED (SCHOOL BREAKS AND WEATHER EMERGENCIES). ANNOUCEMENTS WILL BE MADE IN CLASS IF SPECIAL CLASSES ARE OFFERED DURING A SCHOOL BREAK.

AFTER SCHOOL PROGRAM IS ALSO CLOSED ON ELEMENTARY SCHOOL HALF DAYS. AFTER SCHOOL PROGRAM CLOSED WHENEVER HOLLEY ELEMENTARY SCHOOL DOES NOT COMPLETE A FULL DAY OF SCHOOL.

THE AFTER SCHOOL PROGRAM IS OPEN WHEN “AFTER SCHOOL ACTIVITIES” ARE CANCELED DUE TO WEATHER, BUT EVENING CLASSES ARE CANCELLED.